

## Truro Tae Kwon-Do

A gay-friendly martial arts club, helping people to improve their self-defence skills, confidence and overall fitness and general well being in a safe and tolerant environment. The Academy currently holds classes at Truro Leisure Centre each Sunday at 6pm and each Friday at 8pm

Website: [www.truro-taekwondo.com](http://www.truro-taekwondo.com)